

Sandhills 4H Cooking Club

Fall 2018 and Spring 2019

This year cooking club will be offered to 3rd and 4th graders twice, once in the fall and once in the spring. This is to allow as many students to have this opportunity as possible. Each course will consist of 6 weekly cooking classes on Wednesdays after school from 2:30 - 4:00 and then a Cooking competition on the 7th week from 2:30-4:30. Parents are required to pick up their children at 4:00 on these days in front of SES.

During cooking club your child will learn a variety of cooking skills including: cooking safety, proper cutting techniques, cleanliness, using small kitchen appliances, reading a recipe, and learning to cook simple age appropriate dishes.

Below you will find the dates of the fall and spring courses. Please look over them carefully and decide which would work best for your child and schedule. There will be limited spaces available so please make sure that you are committed to attending each week as to not take the place of someone else. You will only be able to choose one session, not both so we can serve as many students as possible.

Fall

October 31

November 7, 14, 28

December 5, 12, 19

Spring

February 27

March 6, 13, 20, 27

April 3, 10

Each class will be held on Wednesdays after school from 2:30-4:00. You are required to provide transportation home for your child. There will also be a fee of \$60.00. This goes to your child's 4H dues, a 4H T-shirt, as well as providing the food each week to cook.

Contact **Ronda Rosbury** at rrosbury@lexington4.net
or **Christine Smith** at csmith@lexington4.net for questions

Applications due by September 28th.

Students notified of acceptance by October 5th.

Money, emergency contact form, and 4H application due by October 12th.

Sandhills 4H Cooking Club Application

Name of Student _____

Age as of Jan. 1, 2018 _____

Grade _____

Session you desire: _____ Fall _____ Spring _____ either

Why would you like to join cooking club?

What is a strength you have? How will it benefit you in 4H.

Why is being part of this club important? How will it help you in the future?

Write one word that describes you. _____

If I, _____, am selected as a member of Sandhills 4H, I promise to regularly attend meetings, give 100% each week, and be a positive role model to my peers.

Student signature

Date

As a parent, I will make sure my son/daughter regularly attends meetings, is picked up on time each week, and I can pay the fee of \$60.00. (Please do not send money until notified of acceptance.)

Parent signature

Date

Parent Contact Name: _____

Contact number: _____